

# William R. Burden, M.D., F.A.C.S. Curriculum Vitae

## Education & Training

- Medical College of Virginia  
Richmond, Virginia  
Medical Doctor  
1988
- Medical College of Virginia  
Richmond, Virginia  
Massey Cancer Center, Research Fellow  
1987
- Medical College of Virginia  
Richmond, Virginia  
Biochemistry Department  
Research Assistant, Spectrofluoroscopic Assay & Vitamin A Research  
1983-1984
- Virginia Tech  
Blacksburg, Virginia  
B.S. Biochemistry Major, Biology Minor  
1984
- Virginia Tech  
Blacksburg, Virginia  
Department of Biology  
Research Assistant for Mitochondrial DNA sequencing  
1983
- Defense Logistics Agency  
DGSC Richmond, Virginia  
Computer Analyst/Programmer  
Junior Fellowship Program  
1980-1984
- Virginia Tech  
Blacksburg, Virginia,  
Rising Seniors Program  
1979, Summer Quarter
- Medical College of Virginia/ Virginia Commonwealth University  
Richmond, VA  
Young Explorers Program  
Human genetics, Human Anatomy  
1978-1979

## Professional Training

- Fellow, Plastic Surgery  
University of Florida  
1993-1995
- Chief Resident, General Surgery  
Louisiana State University School of Medicine  
New Orleans  
1992-1993
- Acting Clinical Director  
Charity Hospital of New Orleans  
1993
- Louisiana State University  
School of Medicine  
New Orleans, LA  
Research Resident, Vascular Surgery  
1989
- Residency, General Surgery  
Louisiana State University School of Medicine  
New Orleans  
1988-1993

## Professional Practice

- Destin Plastic Surgery  
Founder, CEO  
Destin, FL  
1995-present
- Medical Director  
Destin Surgery Center  
Destin, FL  
2002-2005
- Medical Executive Committee  
Destin Surgery Center  
2002 to present
- Active Staff, Plastic Surgery  
Fort Walton Beach Medical Center  
Fort Walton Beach, FL  
1995-2003
- Consulting Staff , Plastic Surgery  
Fort Walton Beach Medical Center  
Fort Walton Beach, FL  
2003-2006

- Active Staff Plastic Surgery  
Sacred Heart Hospital on the Emerald Coast  
Santa Rosa Beach, FL  
2002-Present

## Board Certification

- American Board of Plastic Surgery, 1999 to 2009  
Recertification, 2009-2019  
Cosmetic Surgery of the Face, Breast & Body
- American Board of Surgery  
1996-2006

## Professional Organizations

- Fellow, American College of Surgeons
- American Society of Plastic Surgeons
- Rives Surgical Society
- Southeastern Society of Plastic Surgeons

## Awards/Honors

- Best Plastic Surgeon on the Emerald Coast, 2009  
Emerald Coast Magazine, Readers Poll
- Best Plastic Surgeon on the Emerald Coast, 2007  
Emerald Coast Magazine, Readers Poll
- Best Plastic Surgeon on the Emerald Coast, 2004  
Emerald Coast Magazine, Readers Poll
- Best Plastic Surgeon on the Emerald Coast, 2002  
Emerald Coast Magazine, Readers Poll
- Best Physician on the Emerald Coast, 2000  
Emerald Coast Magazine, Readers Poll
- Helping Hands Award Emerald Coast Surgery Center, Fort Walton Beach,  
Florida 1999
- Outstanding Chief Resident, General Surgery  
Louisiana State University School of Medicine, New Orleans 1993
- Outstanding Third Year Resident, General Surgery  
Louisiana State University School of Medicine, New Orleans 1991
- Outstanding Second Year Resident, General Surgery  
Louisiana State University School of Medicine, New Orleans 1990
- Cardiac Surgery Resident  
Touro Infirmary, New Orleans, 1991-1992

- Outstanding Resident for School of Medicine  
Louisiana State University School of Medicine, New Orleans 1991

## Publications

About Face, Upper and Midface Contouring Without Implants, Burden, WR & Ennis, LS.;  
Plastic Surgery Products, September 2004

The Future is Now, Plastic Surgery Products, Burden, WR, February 2003

Extreme Makeovers on the Emerald Coast, Burden, WR & Ennis, LS Emerald Ladies Journal,  
July, 2004

Burden, WR, Kelly PM. Endoscopic Breast Subpectoral Augmentation for Second-Degree  
Breast Ptosis. Annuals of Plastic Surgery 2001;46:238-241

Burden, WR, Skin-Sparing Mastectomy with Staged Tissue Expander Reconstruction Using a  
Silicone Gel Prosthesis and Contralateral Endoscopic Breast Augmentation. Annuals of Plastic  
Surgery 2001:46:234-237

Burden, WR, O'Leary, JP, The Vagus Nerve, Gastric Secretions, and Their Relationship to  
Peptic Ulcer Disease. Archives of Surgery 1191:126:259-264.

Burden, WR; Hodges, P.R.; Hsu, M; O'Leary, J.P.; Alkaline Reflux Gastritis; Surgical Clinics of  
North American – Vol 71, No. 1, Feb 1991; 33-44

## Presentations

Surgical Facial Rejuvenation. Women's Auxiliary; Current techniques in breast reconstruction  
Fort Walton Beach Medical Center Nursing Staff, Fort Walton Beach, FL; 1998

American Society of Plastic & Reconstructive Nursing Southeastern Chapter; Endoscopic Breast  
Augmentation; Sandestin, FL, 2000

American Society of Plastic & Reconstructive Nursing Southeastern Chapter, Endoscopic Breast  
Augmentation, Perioperative Teaching and Preparation; Sandestin, FL, 2002

Nonsurgical facial rejuvenation Destin Surgery Center Destin, FL September 2003

American Cancer Society Bob Hope Village Current Techniques in Breast Reconstruction  
Shalimar, FL October 2004

Mentor VIP Symposium Destin, Florida November 2004

Post Gastric Bypass Surgical Options Destin Surgery Center Destin, Florida September 2005